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| O- Objective: Facts, Data, and Senses?- What did you see or notice?- What caught your attention?- What sounds or observations do you recall?- What tactile sensations (did you physically touch the objects to make an observation)? | R- Reflective: Reactions, Heart, and Feelings.- How did the experience affect you?- What was the high point?- What was the low point?- What was the collective mood of the group?-How did the group react? |
|  I- Interpretive: "So what?"- What was your key insight?- What was the most meaningful aspect of this activity?- What can you conclude from this experience?- What did you learn from this experience?- How does this relate to any theories, models, and/or other concept? | D- Decision: "Now what?"- How, if at all, has this experience changed your thinking?- What was the significance of this experience to your study/work/life?- What would you do differently as a result of the experience?- What would you say about the experience to people who were not there?- What would it take to help you apply what you learned? |
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